

A close-up photograph of a vibrant green leaf, likely from a grass or similar plant, covered in numerous clear water droplets. The droplets are of various sizes and are scattered across the surface of the leaf, which shows distinct veins. The background is a soft, out-of-focus green, suggesting a natural outdoor setting. The overall image conveys a sense of freshness, balance, and nature.

*in* equilibrium

Call us free: 0800 622 6932

## Bespoke Team Building Programme

## Purpose

To identify specific team building needs and discuss a variety of options to meet those needs. All team building events will increase levels of trust, understanding and the sense of 'team spirit' between team members.

## Team Building Objectives

- Learn to work as a team
- Reassess your team's goals and direction
- Communicate better as a team
- Give your team a boost of energy
- Agree a clear vision for the future

## Bespoke Team Building Programme

Teams and the way in which they function can vary enormously, depending on the task in hand, skills of the members and the organisational vision. Teams are complex and therefore on occasion need re-alignment or team building.

To work effectively you need agreement on exactly what sort of team you are: what are the goals, what is each member's role, who needs to work closely with whom, what should the game plan be? Sometimes its as simple as learning more about the people you work with, and sometimes its complicated, such as working through entrenched difficulties or defining how a long-distance team communicates.

A Team Building Event has a positive effect on the morale, motivation, confidence and effectiveness of the team and its individual members that immediately transfers to the workplace.

Each Team Building Event is created from a specific brief and is tailor made by working closely with your organisation to ensure the most appropriate programme.

Tailored specifically to each group our Bespoke Team Building Programmes are designed to help create and nurture successful, professional, productive and happy teams.

## Areas Covered

A tailor-made Team Building Event helps you to agree on the type of team you are, using:

- discussion
- brain storming
- game play
- role play
- goal setting

This enables a team to:

- identify issues
- put forward new ideas
- look at the team's 'purpose', 'vision' and 'mission'
- learn more about each other as people

Team members will

- enjoy a fresh perspective
- achieve a sense of focus
- build confidence
- prepare for the real 'game' ahead

### Further Details

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