

A close-up photograph of a vibrant green leaf, likely from a grass or similar plant, covered in numerous clear water droplets. The droplets are of various sizes and are scattered across the surface of the leaf, which shows distinct veins. The background is a soft, out-of-focus green, suggesting a natural outdoor setting. The overall image conveys a sense of freshness and vitality.

*in* equilibrium

Call us free: 0800 622 6932

In-house training course details

Managing and Developing Successful Teams

### Overview

Inspired and cohesive teams who work together can deliver results and services faster, better and more cost effectively. In this course, you will gain the skills and knowledge to structure, measure and tune performance in your team environment. Using practical exercises you will identify strategies and approaches to equip your team with the skills and capabilities to optimise productivity and performance and deliver high-quality results.

### Purpose

- To increase awareness of the characteristics of effective teams, emphasising the importance of individual roles and styles and the impact on team performance and culture
- To consider the stages of team development and consider strategies and approaches to build teams to maximise overall performance
- To identify the factors which influence performance from a task, team and individual perspective

### Previous participants have reported

- Understanding of characteristics and behaviours of individual members of their team and the impact on team performance
- An increased awareness of individual motivations and the link to performance
- An understanding of factors which influence team performance
- An awareness of the components and dynamics of effective teams

The course will be an enjoyable learning experience. An entertaining learning style will be combined with a variety of interactive and practical exercises throughout the day.

Participants will conduct an analysis of their own preferred Team Role personality, and identify how to conduct an analysis of the dynamics of their teams. Participants will experience a range of approaches and tools to assist in the management and development of their team. Consideration will be given to the need to manage team well-being and approaches to accommodate this.

Participants will cover the following topics during the course:

- The Characteristics of effective teams
- Growing and strengthening your team
- The four stages of team development
- The importance of understanding individual team members
- Building effective communication channels
- Establishing a framework for effective team communication
- Coaching and developing to enhance productivity and performance
- The art of delegation
- Building and developing a strong team culture
- Techniques for motivating and developing others
- The importance of developing a strong team vision
- Strategies to build team well-being
- How to profile individual work pressures
- Approaches to manage well-being and the link to individual, team and organisational performance

### Course Details

Duration: Full day  
Optimum delegate numbers: 12  
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