

Developing Resilience - Booklist

Title: **Harvard Business review on Building Personal and Organisational Resilience**

Author: Various
Publisher: Harvard Business School Press
ISBN: 1-59139-272-1
Date: 2003

Title: **Learned Optimism – How to Change Your Mind and Life**

Author: Martin E P Seligman, PhD
Publisher: Free Press – Simon and Schuster New York
ISBN: 0-671-01911-2
Date: 1998

Title: **The Power of Resilience**

Author: Robert Brooks PhD and Sam Goldstein PhD
Publisher: The McGraw Hill Companies
ISBN: 978-0-07-143198-5
Date: 2004

Title: **Emotional Resilience**

Author: David Viscutt MD
Publisher: Three Rivers Press
ISBN: 0-517-88825-4
Date: 1996

Title: **Managing at the Speed of Change**

Author: Daryl R Conner
Publisher: Wiley
ISBN: 0-471-97494-3
Date: June 2005

Title: **Be Incredibly Creative**

Author: Rob Bevan, John Middleton, Tim Wright
Publisher: Brilliant Ideas
ISBN: 978-1-905940-03-5
Date: 2007

Title: **The Use of Lateral Thinking**

Author: Edward de Bono
Publisher: Pelican Books/Penguin Books
Date: 1986

Title: **Resilience at Work**
Author: Salvatore R Maddi, Deborah M Khoshaba
Publisher: AMACOM
ISBN: 0-8144-7620-5
Date: 2005

Title: **The Power of Failure**
Author: Charles C Manz
Publisher: Berrett-Koehler
ISBN: 1-57675-132-5
Date: 2002

Title: **Authentic Happiness**
Author: Martin E P Seligman PhD
Publisher: Nicholas Brealey
ISBN: ISBN-1-85788-329-2
Date: 2004

Title: **The Beethoven Factor**
Author: Paul Pearsall PhD
Publisher: Hampton Roads
ISBN: 1-57174-397-9
Date: 2003

Title: **Managing Change with Personal Resilience**
Author: Linda Hooper PhD Mark Kelly MBA
Publisher: MK Books
ISBN: 0-9704606-4-3
Date: 2004

Title: **Playful Self-Discovery**
Author: David Earl Platts
Publisher: Findhorn Press
ISBN: 1-899171-06-1
Date: 1997

Title: **Goal Mapping**
Author: Brian Mayne
Publisher: Watkins
ISBN: 1-84293-138-5
Date: 2006

Title: **The Tipping Point**
Author: Malcolm Gladwell
Publisher: Abacus
ISBN: 978-0-349-11346-3
Date: 2007

Title: **The Resilience Factor**
Author: Karen Reivich PhD Andrew Shatté PhD
Publisher: Broadway books
ISBN: 0-7679-1191-1
Date: 2003

Title: **The Resiliency Advantage**
Author: Al Siebert PhD
Publisher: Berrett-Koehler
ISBN: 978-1-57675-329-3
Date: 2005

Title: **The Resilient Spirit**
Author: Polly Young-Eisendrath PhD
Publisher: Da Capo
ISBN: 0-201-51745-0
Date: 1996

Title: **Operational Resilience – the Art of Risk Management**
Author: Various
Publisher: Financial World Publishing
ISBN: 0-85297-691-7
Date: 2002

Title: **The Time Paradox**
Author: Philip Zimbardo; John Boyd
Publisher: Rider
ISBN: 9781846042549
Date: 2008

Title: **Tapping Your Inner Strength**
Author: Edith Henderson Grotberg
Publisher: New Age Books
ISBN: 81-7822-010-5
Date: 2001

Title: **Full Catastrophe Living: How to Cope with Stress, Pain and Illness Using Mindfulness Meditation**
Author: Jon Kabat-Zinn
Publisher: Piatkus Books
ISBN: 0749915854
Date: 22 Feb 2001